

# Manners for Enjoyable Walking

As you walk on footpaths, Kyushu Olle courses, nature trails, and through towns and villages, you will cross paths with local people going about their daily lives. Let's keep these manners in mind so that both walkers and locals can enjoy pleasant exchanges.

- 1 Do not litter. Take all personal garbage with you.
- 2 Do not enter private property without receiving permission, and do not pick any flowers or plants.
- 3 Do not disturb farm animals, and do not disturb fields of crops.
- 4 When using public restrooms, leave them as clean as you found them.
- 5 Ask for permission before taking photographs of other people or their belongings.
- 6 Do not raise your voices or disturb quiet areas when around private homes or public facilities.
- 7 Offer greetings and a smile to other travelers or locals you meet during your journey.
- 8 When there are no trails and you are walking on public roads, be alert for vehicles and walk safely.
- 9 Obey local rules (such as not entering fenced-off areas or walking down private roads) while enjoying your walk.
- 10 Depending on the season, there may be bees, snakes, or other dangerous creatures active. Walk carefully and alert of your surroundings.

\* When walking without a guide, any injuries or trouble that occur are the responsibility of the individual. Please enjoy your walk with safety in mind.